

Jill Peeler, LMFT

Building trust before the crisis.

Practical education for the people behind public safety.

Law enforcement • Fire • EMS • Dispatch • Corrections • Peer teams

SIGNATURE TALKS

Before the Crisis

Build trust through everyday familiarity, respectful conversations, and clear pathways to support before help is needed.

I Only Show You What I Want You to See

Look beyond the appearance of being fine. Make room for honest conversations about what people carry and how to offer support.

Beyond "I'm Good"

Move beyond automatic answers with curiosity, listening without pressure, and practical ways to help someone take the next step.

TRAINING FOR YOUR TEAM

Communication Is Often the Gap

Difficult conversations, defensiveness, feedback, and connection at work and home.

YOU GOOD?

Suicide awareness, recognizing changes, supportive conversations, and pathways to help.

Life Beyond the Job

Relationships, identity, work-life balance, and meaningful connection beyond the role.

Trauma, PTSD, Stress & Resilience

Cumulative exposure, symptom awareness, practical coping, recovery, and building resilience.

Peer Support & Leadership

Trust, boundaries, listening, referral awareness, and supportive leadership practices.

Vicarious Trauma & Staff Wellness

Secondary exposure, stress awareness, and practical coping for dispatch and civilian staff.

EXPERIENCE THAT CONNECTS TO THE WORK

An embedded clinician, speaker, and trainer, Jill brings clinical perspective and firsthand experience through department visits, ride-alongs, and relationships built before crisis.

Keynotes • Workshops • Leadership programs • In person or live virtual

Topics and session length tailored to your audience and goals.

Jill Peeler, LMFT | jillpeelertherapy.com | 510-630-0831

Jill@jillpeelertherapy.com • Peeler Public Safety Mental Health & Family Counseling